



**SENIORS TENNIS ASSOCIATION  
OF THE NORTH SHORE, Inc. 1988**  
c/o Delbrook Community Centre  
600 West Queens Road  
North Vancouver, B.C. V7N 2L3

ISSUE NUMBER 81

MARCH 2011

## **PRESIDENT'S REPORT**

John H. Kennedy

This is the last time I'll have an opportunity to write to you all as President of STANS. My stint is up. I've served on the board of STANS for six years now and that's the limit according to our constitution. I've enjoyed my time on the board and I will miss the company of the delightful people you have chosen to run STANS on your behalf. They all work hard, they're all fun to be with, they all love the game of tennis and they all smile easily both on and off the courts. My thanks go to Sandy Barker, Ian Dirom, Kirsty Milligan, Alf Orr, Will Phillips and Moira Wotherspoon for their patience with me, for their support and for their commitment to STANS. I'm leaving the board but I do not intend to leave STANS. I'm a paid-up member and as long as you remind me to send in my cheque each year, I propose to continue my membership and to continue to play on STANS reserved courts across the North Shore. I believe in what STANS has to offer the community. I am a recipient of the opportunities STANS has to offer. I spent several years on a precipitous learning curve and I'm still on a steep one. Through all of that, STANS members have welcomed me on their courts and have been graciously willing to stand beside me or across the net from me, whether I'm having a good day or a not-so-good day with my racquet.

I'm also currently a board member of the North Shore Tennis Society. I've been a member of the Society for several years now because I admire the work they've done with the Grant Connell Tennis Centre and for the whole North Shore tennis community. The Society functions as an advisory committee on tennis matters to the North Vancouver Recreation Commission and has been developing plans to double the size of the Grant Connell Tennis Centre. We have every hope that there will be shovels in the ground before too long to make that a reality. If any of you are not yet members of the North Vancouver Tennis Society, you can find a membership application form at several rec centres including Grant Connell. The Society was also very helpful in enabling

STANS to book three morning courts three days a week through this past fall and winter. Ian Dirom has done a great job organising us all, keeping us supplied with balls and smoothing over what few problems have arisen. Those morning games have been very popular and we hope they'll continue next fall so if you'd like to join in the fun, please let Ian know that you're interested. Ian is currently recovering from surgery to repair his torn Achilles tendon and on behalf of all STANS members, here's to you Ian, thank you for all the hard work and we wish you a speedy recovery.

As you will see elsewhere in this newsletter, our Annual General Meeting is taking place on Wednesday April 13, 2011 beginning at 4pm. Come on out and join the gathering, meet some really nice people, maybe set up a few games now that the spring season is getting going, enjoy some good food and a few laughs and have your say in the way things are run. I believe that STANS functions best when the membership is engaged and interested. Please do your part in helping to make STANS flourish. I'll look forward to seeing you there.

## **MEMBERSHIP**

Will Phillips

*We are pleased to welcome the following new members to STANS:*

- 🔑 **Hassan Aziz**
- 🔑 **Judith Bicknell**
- 🔑 **Keith Chang**
- 🔑 **Francoise DePauw**
- 🔑 **Graeme Foster**
- 🔑 **Variath Kutty**

We're always on the lookout for new members and want to be sure that we get our message out to as many potential players as we can. So please spread the word. And if you get a moment, don't forget to let people know that we have a website [www.seniorstennis.ca](http://www.seniorstennis.ca) and that they can find all sorts of information there including past newsletters, links to our application forms, information about upcoming events and so on.

## 2011 SOCIAL AND ANNUAL GENERAL MEETING

Our Social and Annual General Meeting will be held on Wednesday, April 13, from 4:00 - 6:00 p.m., in the Marine Room (cafeteria) at West Vancouver Seniors' Centre (695 - 21st Street).

We are pleased to announce that the following members have agreed to stand as Directors:

**Sandy Barker**

**Ian Dirom**

**John Hill**

**Kirsty Milligan**

**Alf Orr**

**Will Phillips**

**Moira Wotherspoon**

Further nominations will be accepted from the floor during the meeting.

Refreshments will be served and we will look forward to seeing you there. Membership renewal forms will be available so you can sign up for 2011 if you haven't already done so.

## MEMBERSHIP RENEWAL & FUTURE NEWSLETTERS

*If you are a paid up member of STANS, you will receive our newsletters three times a year. If you have not registered as a member and/or have not yet paid your membership, we would encourage you to do so now to avoid disappointment. This will be your last newsletter and we'll miss you, so please renew so we can all stay in touch. And one other point: the liability insurance we carry applies only to members of STANS and it is therefore doubly important that you be a paid-up member so you can play on the courts reserved for STANS members.*

## GRANTS FOR YOUNG PLAYERS . . . UPDATE

**Stacy Fung** Stacy was a finalist in the last Provincial U14 Doubles event. She is working hard to prepare for the upcoming Provincial Indoor Championships and the U14 National Indoor Championships that will be at Hollyburn this year from April 4-9. She is currently ranked #2 in Girls U14 provincially.

**Filip Peliwo** Mark Peliwo, Filip's father and coach tells us that Filip has been working really hard over last few months in order to get stronger to meet the challenges of playing pro tournaments. He has been facing some adversity in coping with injuries for the first time in his life but seems to have overcome that. He is currently preparing for a trip to Asia where he will play 3 G1 junior tournaments, after which U18 Nationals, a short trip to rest at home here and then two months in Europe to play Rolland Garros and Wimbledon. Currently he is ranked #37 in ITF Juniors.



**GREG JOHNSON**  
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[info@racketshack.com](mailto:info@racketshack.com)

## MOVING ALONG

One of our Corporate members, **Racket Shack** has let us know that they're moving to a new location effective March 20, 2011. Greg Johnson tells us that you will find them at 7A Lonsdale, adjacent to the parking lot facing Lonsdale Quay. Their phone number, email and web address remain the same and they will offer you the same great service (and a STANS discount on your purchases) as always.

## CHRISTMAS PARTY AND ROUND-ROBIN

We held our Christmas party and round robin at the Grant Connell Tennis Centre for the first time in mid December and it was a great success. Our Program Director Ian Dirom headed up the organisation that put the evening together. Our thanks go especially to Kirsty Milligan and Sandy Barker for organising all the food and drink, to Gwen Gouchee for bringing her talents to the sing-a-long, to Peter Scholefield for making his barrel organ fill the place with delightful sounds and to all of you who joined the party, helped out while you were there and made it the success it was. There were more than 40 of us playing on the five courts we had reserved and a good number more came just to join in the fun. If you missed the party this year, make a note in your calendars for next year and join us then.



**Alf Orr**  
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## SPRING & SUMMER TENNIS PROGRAM

April 1, 2011 to October 1, 2011

**North Vancouver** (8:00am - Noon each day)

Murdo Frazer	3 courts	Monday through Friday inclusive
Cates Park	2 courts	Tuesday, Thursday
Cloverley	2 courts	Monday through Friday inclusive

### West Vancouver

Ambleside	3 courts	Monday, Wednesday (8:00am - 11:00am) Friday
Benbow	courts 1 & 2	Tuesday, Thursday (8:00am - Noon)

## BC SENIORS GAMES

The BC Seniors games will take place in West Kootenay, specifically in Castlegar, Nelson and Trail from August 16-20 2011. For more information on the tennis front, you may contact either Colin McLean, the Tennis Coordinator for Zone 4 or Howard Lowe. You can also find out more about the games, places to stay, things to do etc at [www.bcseniorgames.org](http://www.bcseniorgames.org). All STANS and other North Shore Tennis players are invited to join the fun! Age Categories will be for Men and Women: 55-59 years of age, 60-64, 65-69, 70-74, 75-79, and 80+ years of age. Events in all age categories will be: Men's Singles, Women's Singles, Men's Doubles, Women's Doubles and Mixed Doubles. Each player may enter a maximum of two (2) events. If you are interested in playing tennis in the 2011 BC Seniors Games, please get in touch with either Colin or Howard for more information on tryout/ playoff dates and how to get involved in the BC Seniors Games. We'll look forward to hearing your stories.

## COMBINED APPLIANCES

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## NEW MEMBERS . . . WELCOME

We welcome new players to STANS and we invite you to tell your friends and colleagues about us. We are grateful for the reserved access we have to courts across the North Shore (see above) and if you join us you will find that play is on a drop-in basis. When the weather is good, you will usually find STANS members on those courts around 8 in the morning. If you're new to STANS or if there's someone you don't recognise, please introduce yourself. The rules are straightforward:

### Play During Reserved Court Times

- ❖ Arriving players should note the order in which players arrive and the first comers should make up foursomes to play on the unoccupied reserved courts.
- ❖ When there are players waiting, those playing must play sets on the short game basis.
- ❖ Waiting players are to choose partners for their games from players whose sets have ended. Choices of partners can be made on any basis that is acceptable to the players.
- ❖ If there are still players waiting when all courts are occupied, they shall be first in line to choose partners when one of the existing games finishes.
- ❖ There may still be players arriving while the above procedure is being carried out, and these later arrivals must determine their positions in the waiting line and wait until it is their turn to play.

During the winter and until the weather really improves, STANS players can often be found at Cloverly Park, with games beginning around 1pm on decent weather days. We have also been able to organise indoor tennis at Grant Connell Tennis centre this past fall and winter, and we welcome you to join the early morning crowd.

We have three social occasions during the year. Our AGM features tasty nibbles and invigorating conversation, we have a picnic and round-robin at the Murdo Frazer Courts in August and then a Christmas party and round-robin in December, this past year at Grant Connell. All members are welcome, whether or not they intend to play tennis at the event.

If you have access to the internet, you will find us there too. We're at [www.seniorstennis.ca](http://www.seniorstennis.ca) and you'll find archived copies of our newsletters as well as information about STANS, our upcoming events and links to community resources of interest.

You can reach us via surface mail at the address on this newsletter or by email at [seniorstennis@yahoo.com](mailto:seniorstennis@yahoo.com).

*Once again, welcome . . . we'll see you on the courts.*

## TIPS FROM THE PROS

The web is a great source of information and sometimes it's worth taking a look. Jeff Cooper, a pro writing for [tennis.about.com](http://tennis.about.com) says you can learn lessons from other sports, in this case, golf. He suggests that you keep looking at where the ball WAS. In both tennis and golf, clean contact with the ball is paramount, and in both sports, the best way to make sure you see the ball getting hit is to keep looking at the point of contact for a moment after the ball has been hit. This also keeps your head still. Remember that when the head on the end of your neck moves, the head on the end of your racquet or club moves too.



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## PHOTOGRAPHY

From time to time at STANS events, you may notice one or more photographers taking photos. Some of those photos will appear in STANS Newsletters and on the website. If for any reason you don't want your photograph taken, please let the photographer know and we will respect your wishes.

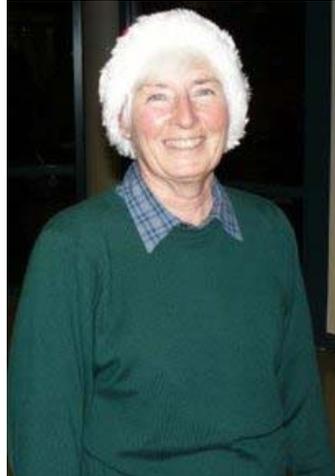


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## *Photo Gallery*



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